

Higher Diploma in Health Care, Nutrition and Physical Fitness



QF Level : 4

QR Registration No : 14/003410/L4

Validity Period : 15/09/2014 to 14/09/2017

An accredited academic programme that best prepares you for degree studies or vocational practice in a wide range of healthcare related disciplines

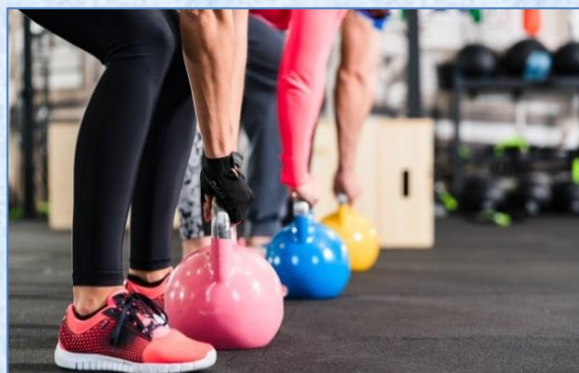
Programme Features

- Strong academic knowledge base developed and enriched by general education subjects in languages, communication skills and whole-person development as well as workplace experience
- Applicable skills learned through practice in simulated environments as well as observations and reflections in field practicum
- Vocational and professional qualifications acquired with collaborations and assessment from partner organizations
- Industry visits, placements and job opportunities for students and graduates offered by sister service units of Caritas-Hong Kong and other leading social service organizations



Professional Recognition

- **“Advanced Personal Trainer”** professional title conferred by the Asian Academy for Sports and Fitness Professionals (AASFP) and **“Registered Exercise Professional”** by the International Confederation of Registers for Exercise Professionals (ICREPs), subject to an administrative fee paid directly to AASFP
- **Sport Massage Certificate**



Admission Requirements

- Applicants should possess
 - (a) HKDSE Level 2 or above in 5 subjects including English and Chinese, or
 - (b) Diploma Yi Jin, or
 - (c) an equivalent academic qualification.
- Mature applicants who are aged 21 or above and do not possess the academic qualifications above, and have a minimum of 2 years of working experience may also apply.
- All applicants have to attend and pass an admission interview.



Note: Mainland students and non-Chinese speaking (NCS) students in Hong Kong who have other academic qualifications may enquire about their eligibility for application and other programme information by calling Ms. Agnes Lau at 3610 3700.

Articulation Pathways

Graduates of the programme are fully qualified to apply for top-up degree programmes related to health science, food and nutrition, as well as fitness and sport management in local and overseas universities.



Study mode	Two years full-time
Tuition fee	Year 1 : HK\$ 51,000 (10 installments per year) Year 2 : HK\$ 53,000 (10 installments per year)
Venue	Caritas Jockey Club Institute of Community Education - Tsuen Wan Address: 146 Chung On Street, Tsuen Wan, New Territories
Enquiry	Tel: 3610 3700